

## TIME FOR A BREAK FOR CARERS

from the Concessionary Travel Club

# “TIME FOR A BREAK” COMPETITION - FREE TO ENTER FOR CARERS

### Why the Competition?

All Carers need a break to re-charge their batteries. Our competitions are free to enter and we aim to provide a chance to win prizes that help to make the most of that precious time off.

Whether it's free bus travel, membership of organisations such as the National Trust or gift vouchers to help with that gardening or DIY project.

### How to Enter

Just choose the right answer to a simple question at [www.concessionarytravel.com/carers](http://www.concessionarytravel.com/carers)

### Is it Free?

Yes, it's free for Carers who could be looking after, for example, a family member or friend. All Carers can enter. You don't have to be over 60 or eligible for concessionary travel to take part.

### How can the prizes be used?

It's up to you. You can use the prize to take a break yourself, or use it to accompany the person you're caring for.



### Prizes to suit all interests such as :

- Win membership of the National Trust
- Win membership of the Royal Horticultural Society
- Win membership of the British Film Institute
- Win Free Bus Travel
- Win B&Q gift vouchers
- Win Thomas Cook gift vouchers
- Win Wetherspoon gift vouchers

### How often?

**Monthly. The closing date is the last day of each month**

### Where to enter?

[www.concessionarytravel.com/carers](http://www.concessionarytravel.com/carers)

### About the Concessionary Travel Club

We started with the simple aim of helping older and disabled people make the most of concessionary travel to keep active and save money. Our work has been endorsed by Baroness Joan Bakewell and the Government Departments of Health, Work & Pensions and Transport. Our ActiveCare project, whose sponsors included the Putting People First Consortium, showed the importance of getting out and about for people receiving Care Services

